



## Pharmacy Update on Dose Optimization Program

**Effective 08/30/2018**, the Medicaid fee-for-service (FFS) program will update the Dose Optimization initiative. Dose optimization can reduce prescription costs by reducing the number of pills a patient needs to take each day. The NYS Department of Health has identified drugs to be included in this program, the majority of which have FDA approval for once-a-day dosing, have multiple strengths available in correlating increments at similar costs, and are currently being utilized above the recommended dosing frequency. Prior authorization (PA) will be required to obtain the following medication beyond the following limits:

### Dose Optimization Chart- New Additions

Cardiovascular			
Beta Blockers			
Drug name	Dose Optimization Limitations		
metoprolol succinate 25mg, 50mg, 100mg	1 daily	Tablet	
Central Nervous System			
Anticonvulsants			
Drug name	Dose Optimization Limitations		
Trokendi XR 100mg	1 daily	Capsule	Electronic bypass for diagnosis of seizure disorder identified in medical claims data. In case of dose titration for these medications, the Department will allow for multi-day dosing (up to 2 doses/daily) for titration purposes for three months
Antipsychotics- Second Generation			
Drug Name	Dose Optimization Limitations		
olanzapine 5mg, 10mg	1 daily	Tablet	In case of dose titration for these medications, the Department will allow for multi-day dosing (up to 2 doses/daily) for titration purposes for three months
olanzapine ODT 5mg, 10mg	1 daily	Tablet	
paliperidone ER 1.5mg, 3mg	1 daily	Tablet	
quetiapine fumarate ER 200mg	1 daily	Tablet	
Rexulti 0.25mg, 0.5mg, 1mg, 2mg	1 daily	Tablet	
Vraylar 1.5mg, 3mg	1 daily	Capsule	
Central Nervous System (CNS) Stimulants			
Drug Name	Dose Optimization Limitations		
dexmethylphenidate ER 10mg, 20mg (Focalin XR generic)	1 daily	Capsule	
methylphenidate ER 18mg (Concerta ER generic)	1 daily	Tablet	
methylphenidate LA 20mg (Ritalin LA generic)	1 daily	Capsule	
Miscellaneous Antidepressants			
Drug Name	Dose Optimization Limitations		
bupropion XL 150mg	1 daily	Tablet	In case of dose titration for these medications, the Department will allow for multi-day dosing (up to 2 doses/daily) for titration purposes for three months
mirtazapine 7.5mg	1 daily	Tablet	
Endocrine and Metabolic			
Biguanide			
Drug Name	Dose Optimization Limitations		
metformin ER 500mg (Glumetza ER, Fortamet ER generic)	1 daily	Tablet	
Gastrointestinal			
Proton Pump Inhibitors			
Drug Name	Dose Optimization Limitations		
Nexium 5mg	1 daily	Packet	

PA requirements are not dependent on the date a prescription is written. New prescriptions and refills on existing prescriptions require PA even if the prescription was written before the date the drug was determined to require PA.

To obtain a prior authorization (PA), please call the prior authorization Clinical Call Center at 1-877-309-9493. The Clinical Call Center is available 24 hours per day, 7 days per week with pharmacy technicians and pharmacists who will work with you, or your agent, to quickly obtain PA.

Below is a link to the most up-to-date information on the Medicaid FFS Pharmacy Prior Authorization (PA) Programs, including the Dose Optimization initiative. This document contains a full listing of drugs subject to the Medicaid FFS Pharmacy Programs:

[https://newyork.fhsc.com/downloads/providers/NYRx\\_PDP\\_PDL.pdf](https://newyork.fhsc.com/downloads/providers/NYRx_PDP_PDL.pdf)