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Sue Kelly Executive Deputy Commissioner

Pharmacy Update on Dose Optimization Program

Effective 11/6/2014, the Medicaid fee-for-service (FFS) program will be updating the Dose Optimization Program in the following therapeutic classes. The NYS Department of Health has classified drugs to be added in this program, the majority of which have FDA approval for oncea-day dosing, have multiple strengths available in correlating increments at similar costs and are currently being utilized above the recommended dosing frequency. Prior authorization (PA) will be required to obtain the following medication beyond the following limits:

DOSE OPTIMIZATION – New Additions			
Cardiovascular			
Beta Blockers			
Drug Name	Dose Optimization Limitations		
Nadolol 40mg	1 daily	tablet	
Niacin Derivatives			
Drug Name	Dose Optimization Limitations		
Niaspan 500mg	1 daily	tablet	
Central Nervous System			
Antiparkinson Agents			
Drug Name	Dose Optimization Limitations		
Azilect 0.5mg	1 daily	tablet	
Antipsychotics-Second Generation			
Drug Name	Dose Optimization Limitations		
Olanzapine 5mg Olanzapine ODT 5mg	1 daily	tablet tablet	In the case of dose titration for these once daily medications, the Department will allow for multi-day dosing (up to 2 doses/daily) for titration purposes for 3 months.
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Endocrine and Metabolic Agents			
Urinary Tract Antispasmodics			
Drug Name	Dose Optimization Limitations		
Oxybutynin chloride ER 5mg	1 daily	tablet	
Vasopressin Receptor Agonists			
Drug Name	Dose Optimization Limitations		
Samsca 15mg	1 daily	tablet	

To obtain a PA, prescribers must contact the clinical call center at 1-877-309-9493. The clinical call center is available 24 hours per day, 7 days per week with pharmacy technicians and pharmacists who will work with you, or your agent, to quickly obtain a PA.

Below is a link to the most up-to-date information on the Medicaid FFS Pharmacy Prior Authorization (PA) Programs. This document contains a full listing of drugs subject to the Medicaid FFS Pharmacy Programs:

https://newyork.fhsc.com/downloads/providers/NYRx_PDP_PDL.pdf