



REMINDER: NYRx Allows 90-day Prescribing for Most Maintenance Medications and OTC Drugs

NYRx, the Medicaid Pharmacy Program would like to remind stakeholders including prescribers, pharmacists, members, and other caregivers that 90-day supplies of most maintenance medications and over the counter (OTC) drugs, are covered by NYRx. This benefit applies, but is not limited to, NYRx covered **OTC medications such as aspirin, acetaminophen, ibuprofen, antihistamines, covered vitamins and minerals such as prenatal vitamin, vitamin B, vitamin D, calcium, fluoride and iron preparations.** For a complete list of medications covered by NYRx see the [Medicaid pharmacy list of reimbursable drugs](#).

90-day supplies offer numerous benefits:

- ✓ **For patients**, cost savings with less copays, convenience of less trips to the pharmacy, improved medication adherence, and reduced risk of missing refills.
- ✓ **For prescribers**, increased patient adherence equals easier monitoring, reduced administrative burden, increased patient satisfaction, and a more streamlined process for chronic disease management.
- ✓ **For pharmacies**, increased patient adherence, improved operational efficiency leading to more time for additional services such as immunizations and medication therapy management (MTM), and enhanced customer satisfaction resulting in a stronger patient-pharmacy relationship.

Prescribers should consider writing for a 90-day supply and **pharmacists** should work with prescribers to switch to a 90-day supply, **once it is determined the patient is on a stable dose of a maintenance medication or OTC drug.**

Furthermore, **Pharmacists may also submit for package size quantities that closely represent the prescriber's fiscal order.** For instance, if a prescriber writes for a quantity of 90 tablets and the closest package size is 100 tablets, that can be utilized.

For questions on this policy contact NYRx@health.ny.gov or 518-486-3209.